Dear Families, Staff and Friends of Cardijn

Feast of the Assumption of Mary
Last Monday students and staff gathered to celebrate mass in the gymnasium. Across the world, Catholic communities gather on the 15 August to celebrate this feast day. In coming to an understanding of this special feast we need to see our Christian faith as a way of seeing or a context of our wondering. Someone once told me that our view of reality is like a map with which to negotiate the terrain of life. If the map is true and accurate we will generally know where we are. On the other hand if the map is false and inaccurate we would be lost. Our faith is like that map and our stories help us negotiate that terrain of life especially if it is a story of hope. This feast affirms that Christ has been raised from the dead. The ancient tradition of Mary’s assumption is seen within the context of Mary being the first disciple of Christ. She has received the privilege that ultimately will be given to all Christians, eternal life in heaven.

The RIO Olympics
Over the last two weeks, we have been glued to the television and absorbed the absolute wonder of the Olympic Games. There have been many moments of emotion and sheer excitement at seeing athletes compete at their very best in this ultimate competition. I reflect on why it is that I am so engrossed in these games. I have come to the conclusion that I appreciate the absolute commitment that these athletes bring to their events. They give it their very best to realise their dream. This dream may be a medal or for many simply to get their personal best (PB). I reflect on the sheer pressure of the competition, the expectation by many, including their home country, and the enormous commitment to training. We see the joy of winning gold and the disappointment of not making a final. We see the favourites win or bow out and the unknown emerge as champions. In all this however it is abundantly clear that the amount of preparation and training physically, emotionally and psychologically is directly proportional to achieving a personal best.

For all our students this is a great lesson. Success at school is not something that just happens, it needs a steadfast approach, a good plan and solid investment of time in study and support from family and teachers to ensure that a personal best is always the goal.

School events
We extend our congratulations to our senior student leaders at Cardijn, who organised care packages for “Women in Need” during Women’s Week. Our students responded magnificently and generously with donations which will be most appreciated by Coolock House. Thank you for your support.

Congratulations to our Year 12 Drama students and their teacher Ms Charlaina Thompson on an outstanding production titled “Destination”. The play written by Charlaina was tailored specifically for each student in the class. It was entertaining, filled with energy and brought the very best from each student. A play of this complexity needed a lot of support and we extend our appreciation to Emily-Jo Davidson (Drama Captain ’15) in her role as Assistant Director and understudy for one of the cast. Emily-Jo graciously stepped in to support the students. Thank you also to a number of Year 11 students who supported the play especially Megan Davidson. Teachers, parents and friends all stepped forward to assist. Congratulations.

FROM THE PRINCIPAL
Holy Year of Mercy
Dear Families, Staff and Friends of Cardijn School events
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**IMPORTANT DATES FOR 2016**

**TERM 3**

**AUGUST**
- Asia Week 20-26
- Music Night 23
- Kolbe House Mass 10am 26
- Online Subjects Close 26
- Yr 12 Dinner Dance 26
- Yr 12 Parent Info Night 29
- Principal’s Tour - 9.30am 31

**SEPTEMBER**
- Mad Night - 7.30pm 2
- F1 in Schools Challenge 5-6
- Board Meeting 7.30pm 7
- Yr 10/11 Semi Formal 8
- Student FREE Day / Staff Day 9
- Multicultural Week 12-16
- Marist Centre Tea 13
- 2017 Academy Tryouts 14

### FROM THE PRINCIPAL

**Other matters**

Thank you to all parents for taking time to attend the parent-teacher interviews over the last two weeks. Our staff are committed to working with you in making sure that your son or daughter is working at their personal best. An opportunity to have a discussion about progress and achievement is a clear sign of our partnership in this most important endeavour.

With best wishes,

Paul Rijken | PRINCIPAL

### FROM THE APRIM

#### Mass of the Assumption of Mary

“My soul proclaims the greatness of the Lord, my spirit exults in God my saviour! He has looked upon his servant in her lowliness, and people forever will call me blessed. The Mighty One has done great things for me, Holy is his Name! From age to age his mercy extends to those who live in his presence.”

(Luke 1:48-50)

This proclamation of faith, joyfully expressed by Mary while expectant with the child Jesus, was also joyfully received by her cousin Elizabeth whom Mary was visiting at the time. Elizabeth, like Mary, was also pregnant and we are told that even the child within her leapt with joy upon hearing the voice of Mary. Elizabeth’s response to Mary’s greeting becomes the words we use when we pray the Hail Mary, ‘Blessed are you among women and blessed is the fruit of your womb’. What is clear in this story is that all experienced the joy of God, they sensed the awe and wonder of God at work in their lives and their hearts responded joyfully. The Assumption of Mary, that is, her being assumed or taken-up to heaven at the end of her life, body and soul, which is the Feast Day of the Church we celebrate annually on August 15, is similarly a joyful expression of the workings of God in Mary. What God fulfilled in Mary is also a promise given to us, that we too shall be raised up into heaven as she was, sharing in the eternal life with God.

#### Made In The Image Of God (MITIOG) curriculum

This term our Middle School and Year 10 students participate in the MITIOG curriculum, which celebrates what it means to be human within the context of being made in the image of God. The four strands that are integrated throughout the curriculum include Being Human, Being Connected, Being Sexual and Being Moral.

Joseph Catania
Assistant Principal Religious Identity & Mission

### ATTENDANCE MATTERS

If your child is going to be absent, late, or leaving early for an appointment etc., please send either an SMS text message on 0428 937 348 or leave a message on the Absentee Line - 8392 9505.

### STUDENTS LEAVING CARDIJN

If your child/ren will not be returning to Cardijn in 2016 the Registrar must receive notice in writing.

Please email: apatton@cardijn.catholic.edu.au

A minimum of one full term’s notice must be given.

Thank you,

Anita Patton, Registrar
The Academic Assembly on 5 August recognised the efforts of those students in our community who achieved the highest grades in their studies and who worked consistently hard in semester one. Academic excellence is achieved through dedication to learning, a desire to question, the ability to reflect on challenges and triumphs combined with the conscious effort to put the pursuit of study first. It was wonderful to see so many students taking their studies seriously and striving for their best. I encourage all students to seek excellence in their academic and school life in the second half of the year, seek support in their studies from peers, teachers and parents and be steadfast in the goals they set.

Natalie Paechen, Director of Teaching and Learning

YEAR 8
Matthew Bony
Gabrielle Connolly
Amber Valentine-Proffit

YEAR 9
Cheyenne Alford
Amy Brown
Kate Lawrie
Freya Lowe
Jonathan Marenkovic
Jade Tanucan

YEAR 10
Bradley Baldago
Casey Crunkhorn
Taylor Jonas
Isabella Macaspac
Shannae Macey
Katie Meyer
Madison Nolan
Sharon Shaji
Scott Sincock

YEAR 11
Anja Bancevic
Jessica Barber-Hicks
Courtney Bennie
Madeline Campbell
Taylor Fernandez
Nathaniel Gradisar
Amber Gurnett
Tamika Johns

YEAR 12
Chelsea Bates
Emily Bennet
Imogen Berkinshaw
Sonia Blair
Kim Cawaling
Louis Covington
Madeline Eldridge
Rachel Frahn
Scott Gobec
Coco Hoskin-Murray
Ashlee Jones
Britney Lewis
Kiera Lowe
Tara Mayne
Charlotte McCarthy
Tegan McDonald
Jack Newbury
Amelia Stavrakis
Lauren Tyson

YEAR 8
Amber Valentine-Proffit

YEAR 10
Taylor Jonas
Isabella Macaspac
Katie Meyer
Sharon Shaji

YEAR 11
Anja Bancevic
Jessica Barber-Hicks
Nathaniel Gradisar
Amber Gurnett
Jessica Madathil
Yasmin McPhail
Elyan Shaawi

YEAR 12
Chelsea Bates
Emily Bennet
Imogen Berkinshaw
Kim Cawaling
Rachel Frahn
Coco Hoskin-Murray
Britney Lewis
Kiera Lowe
Lauren Tyson
WORLD YOUTH DAY PILGRIMAGE

OUR JOURNEY TO THE CITY OF MERCY

Embarking from Adelaide Airport, we were fortunate enough to join the pilgrim group from the Archdiocese of Adelaide and the Diocese of Port Pirie on a journey to the City of Mercy, Krakow, Poland.

Days 1-5: Sightseeing

Jetlagged, we arrived in the capital of Poland, Warsaw. We were immediately struck by the incredible array of churches and palaces. However, by far the most moving moment was when we entered the Jewish ghetto and saw the monuments that commemorated the enormous suffering of Polish Jews.

While we had many masses over the course of the pilgrimage, none were more memorable than Archbishop Philip Wilson celebrating mass for us in the chapel of Cardijn house patron, St Maximilian Kolbe. However, this day was not over as we travelled to Częstochowa. We were privileged to see the miraculous icon, the Black Madonna, with some of us taking part in the traditional practice of walking around the icon on our knees.

Days 6-11: Days in the Diocese

It was impossible to know what to expect as we ventured to the parish of St Catherine’s, Będzin. We received an unexpected welcome of singing and flag-waving and this fantastic spirit of hospitality continued as we stayed with Polish families. They warmly welcomed us into their homes and made sure we had everything we needed to feel at home.

However, it was not all easy as we embarked on three solid days of walking in the Polish sun with our newfound friends from France and Ecuador. This reached a climax when we returned to Jasna Gora Monastery, Częstochowa. Our Archbishop was once again the main celebrant in a mass with 11 other bishops, around 200 priests and 5000 pilgrims.

Leaving Będzin was an emotional experience with many crying as we joined hands to sing the World Youth Day theme song, “Błogosławieni miłosierni (Blest are the merciful)”. 

Days 12-17: World Youth Day

World Youth Day could be more aptly described as World Youth Week. We experienced so many wonderful events including the Opening Mass, catechesis sessions, the Papal Welcome and the Way of the Cross. However, the biggest event occurred outside Krakow at Campus Misericordiae, a 15 km walk.

The Saturday night saw a range of young people give inspiring testimonies, none more so than a young women from Syria. Pope Francis preached to us and then led us in Eucharistic Adoration. The concert that followed included Sister Christina, an Ursuline nun who won The Voice Italy in 2014.

It was not an easy night as we slept on the ground in the open air. However, it was all worth it as we celebrated the Papal Mass on Sunday Morning with 2.5-3 million people. Sore from the previous day and lacking sleep, we were certainly united in Christ’s suffering as we walked all the way back to our accommodation on the other side of Krakow!

Days 18-23: Retreat

After recovering from the excitement and the walking, our coach took us to Prague. Here we had a chance to see the many sights, including another miraculous icon, the Infant Jesus of Prague. It was also an opportunity to reflect on the experience and the Pope’s messages before making the long flight back to Adelaide.

We are extremely grateful for Cardijn College’s support in sending us on this pilgrimage and invite you to read our reflections in upcoming newsletters where we will expand on the insights we gained from this experience.

Amelia Cooper and Josh McDermid
Cardijn College Teachers and World Youth Day Pilgrims
Greetings all, Caleb and I would like to welcome you all to week 4. The time really does fly. In the past few weeks the music department have had two major public occasions to showcase some of the ensemble’s talents. Caleb and I, as well as the rest of the music faculty would delightedly like to offer our congratulations to the College Big Band for their excellent performance at the Academic Assembly. They represented the department superbly. Another opportunity for the department to perform was the College’s Principal Tour. A small section from the VJ ensemble performed in the Music Department whilst the tour was taking place. These students performed excellently and we offer them our congratulations.

Just a reminder that our highly anticipated Music, Arts and Drama (M.A.D.) night is coming closer and closer and is being held on the Friday of week 6 this term. Tickets are still available so buy your spot at a table now before all seats are sold. The theme for the night is the 1960’s and it is sure to be a wonderful evening and an excellent demonstration of the incredible talent and dedication of Cardijn’s Students.

Hope you all have an amazing next couple of weeks and we look forward to seeing you all there at M.A.D. Night.

Caleb Edge & Shaun Freeborn | Music Captains

Throughout Semester 2, Year 11 Business & Enterprise is largely centred around The Australian eChallenge in Schools Program, an initiative from Adelaide University. Throughout this program our students have been fortunate to be a part of workshops run by Dr Gary Hancock from Adelaide University, and John Staines, the Australian eChallenge Program Coordinator. As part of the workshops, students work in teams to develop a business plan of their own. The workshops enable students to develop the many facets of their business model, by interacting with our mentors from Adelaide University. Upon completion of the program, students will have the opportunity to pitch their business idea to a panel of judges, with a cash prize up for grabs.

This past week we were also fortunate to have Andrew Bensley, a Creative Director from Moody Crab, as a guest speaker for our class. As part of his work at Moody Crab, Andrew has worked with a number of stakeholders in order to develop various innovative and creative marketing strategies for a range of businesses. Throughout the workshop, Andrew discussed some of the more important facets of marketing, as well as specific examples of these in action. The workshop concluded with our three experts discussing specific ideas with our teams, with regard to their business model. Our students are certainly extremely fortunate to be able to mix with industry professionals such as Andrew, and we look forward to seeing the rest of the program unfold.

Daniel Rabbett, Year 11 Business & Enterprise Teacher

MUSIC NEWS

Mad Night 2016

Friday September 2nd
7pm – 10pm
Cardijn College Gym

Theme: 1960s

Raffle - Door Prize
BYO Basket Supper & Drinks
Tea, Coffee & Chocolates Available

Tickets $20 each
Tables of 10

Tickets through Cardijn College Finance
sturner@cardijn.catholic.edu.au
Or phone 8392 9500

Artwork by: Asiye Frangid and
Harry Maitreghan (Year 9 Visual Arts)
Welcome back to Term 3! Term 3 is known as one of the busiest terms of the year across the whole school because we have lots of different events to look forward to such as: Women’s Week, Book Week, Science Week, Asia Week and Multicultural Week. Our Year 12s are looking forward to the Dinner Dance in week 5. Marist Centre Camp and Year 10 Outdoor Ed camps are held in week 9 while our Year 9s will attend their camp in week 10. Most importantly it is during this time where a lot of students may feel the pressure of assignment due dates and can become easily stressed.

This stress can come out in different ways but as counsellors we see this most often is:

- arguing with family members
- friendship breakdown
- irritability and students ‘not feeling themselves’
- lack of sleep or problems falling asleep
- missing important meals
- avoidance behaviours (missing classes, missing days of school when assignments, tests or oral presentations are due)

Term 3 challenges us all in different ways and it is important to understand and be able to manage any ‘big emotions’. Big emotions could be anything from stress and anxiety to anger or frustration. These are feelings we don’t want to push away, in fact, they are important to how we function in the world. However, we never want to lose control over these emotions by letting them take over our lives. Taking time out to enjoy passions and pursuits you love as well as connecting with friends is a key way of controlling any big emotions.

For those who are struggling with keeping their ‘big emotions’ in check there is good news! Here at Cardijn we are very supportive of giving our students fun and exciting opportunities to enhance their community experience. There are plenty of extracurricular activities that students can join in and do to help them unwind, relax and meet like-minded peers.

For some of the clubs that may benefit students of the College, please CLICK HERE.

FROM THE COUNSELLING TEAM

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